



FEBRUARY 2026

# CONNECT

*Monthly Newsletter*

## A2C COMMUNITY EVENTS

Your guide to events with our local  
community

FREE - TAKE ONE

## *An Irish Blessing*

May peace & plenty bless your world...

## CABBAGE?!

How to improve digestion and  
inflammation

# contents



## FEATURES

### **3 COMMUNITY EGG HUNT**

A2C joins FFA at the church for a breakfast and community egg hunt. Fun for the family.

BY STEPHANIE HOWARD

### **4 HEALTH BITES**

How to reduce inflammation and improve digestion

BY EMILY GENTIT

## MINISTRIES

**3 A2C NXT**

**5 WOMEN'S DEVOTIONAL**

**6 UPCOMING EVENTS**



# a2c NXT

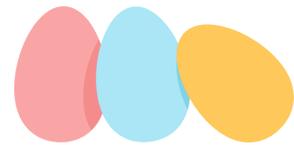
FUELING THE FAITH OF THE NEXT GENERATION

Ever wonder what A2C NXT really is? It's actually the umbrella for our next-generation ministries, providing classes for children and students from infancy through college through the following:

Age 3 - Kindergarten  
Wednesdays 6:30-7:30



We are excited to host an Easter egg hunt and breakfast on March 28<sup>th</sup> from 7:00AM-11:00AM. Ayersville High School F.F.A. will be providing breakfast beginning at 7AM with the Easter activities beginning at 9:30AM and the Egg Hunt beginning at 10:30AM. Breakfast is open to all age groups. The activities and egg hunt will be for students up to 5<sup>th</sup> grade!



1<sup>st</sup> - 5<sup>th</sup> Grade  
Wednesdays 6:30-7:30PM

### Volunteers Needed!

All programming requires many hands to keep everyone safe and the classes running smoothly. If you'd like to spend a Wednesday evening with us, we'd love to have you join us!

6<sup>th</sup>- 8<sup>th</sup> Grade  
Wednesdays 6:30-7:30PM



### NURSERY VOLUNTEERS NEEDED FOR SUNDAYS

We've had some interest in having the Nursery available on Sunday mornings for our youngest families. If you'd be willing to be part of a Sunday morning rotation, please reach out to Stephanie.



High School - College  
Sundays 10:30AM

# March



March is a fantastic month as we begin to sense spring approaching. It's the perfect time to plan our gardens and start our seeds, in addition to taking advantage of the warmer days outdoors. Did you know that sunlight is our main source of Vitamin D? I encourage you to soak up the sun this month, as many of us lack this essential nutrient. We can start by adopting simple habits, such as going for a 30-minute walk after meals. This not only aids digestion but also helps us absorb that precious Vitamin D.

**Irish Blessing for the Month of March**  
"May the healing hand of God rest upon you, May His love fill your heart and renew. May the angels of comfort surround your bed, & whisper peace where there is dread".

## Food of the Month: Cabbage



**Heart:** Promotes heart health, lowers blood pressure, reduces LDL cholesterol, decreases stroke and heart attack risk.

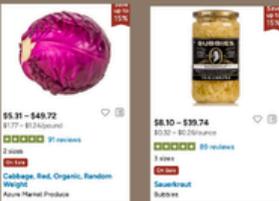
**Gut:** Aides digestion

**Body:** Reduces inflammation

**Variety Matters:** Both red and green are beneficial with red being more nutrient dense.

**Slowly:** Add cabbage into your diet slowly as it can cause discomfort of the stomach.

## Azure Standard: Ayersville Drop



We invite you to join us for our next Azure Standard drop. Orders close March 29<sup>th</sup> by 7 pm. Please seek me out if you need help establishing your account. This month Azure has 980 items on sale!





# WOMEN'S DEVOTIONAL

*March 2026*

An Irish Blessing  
May love and laughter  
    Light your days  
And warm your heart  
    And home.  
May good and joyful  
    Friends be yours  
Wherever you may roam.  
May peace and plenty  
    Bless your world  
With joy that long endures.  
    May all life's  
    Passing seasons  
    Bring the best  
To you and yours!



| by PAULA ROTH

Women's Study  
Thursdays at 10am  
East Wing Classroom

*"Give thanks to the Lord, for He is good. His  
love endures forever."  
– 1 Chronicles 16:34*



# UPCOMING EVENTS

MARCH '26

A2C NXT  
WEDNESDAYS 6:30 -7:30PM

WOMENS BIBLE STUDY  
THURSDAYS 10:00AM

7  
COMMUNITY BREAKFAST  
7:30-10:00AM

21  
SPAGHETTI DINNER BENEFIT FOR  
GARY & LINDA BRUMBAUGH  
4:30-7:30PM

24  
NOODLE MAKING

25  
1PM

28  
A2C NXT: COMMUNITY EASTER  
EGG HUNT 10:30AM

gofundme



SCAN THE QR CODE TO  
DONATE TO GARY & LINDA.



# Spaghetti Dinner

**TO BENEFIT GARY AND LINDA BRUMBAUGH**

**FOR A WHEELCHAIR ACCESSIBLE VAN**

Years ago, Linda was diagnosed with lupus that has since confined her to a motorized scooter. As winter approached, it has gotten worse for Linda making it impossible for Gary to get her into their van. They began looking for an affordable option for wheelchair accessibility to no avail. Gary and Linda have been active and very supportive in our community and we want to give back.

**\*\*Our goal is to raise enough money to help them purchase a van that has wheelchair accessibility.\*\***

## COST

**FREE WILL  
CONTRIBUTION**

## WHAT TO EXPECT

- Spaghetti dinner
- garlic bread
- Salad bar
- drink

**50/50 Raffle**

**CARRY-OUTS WILL BE AVAILABLE**

**MARCH 21, 2026**

**4:30PM - 7:30PM**

**at AYERSVILLE COMMUNITY CHURCH**

Can't make it? Scan the QR code to check out their GoFundMe page



AYERSVILLE COMMUNITY CHURCH  
419.395.1742  
27728 Ayersville Rd



**AYERSVILLE COMMUNITY CHURCH**

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